



Menus for  
**December  
2011**

**CHIMACUM  
CREEK PRIMARY  
SCHOOL  
Grades K-2**

*This institution is an equal opportunity provider.*

**Thursday, December 1**

**Breakfast**

Four Choices  
Daily

**Lunch**

Pepperoni or  
Cheese Pizza  
Fruit & Veggie Bar

**Friday, December 2**

**No**

**School**

**Today**

**EAT WITH YOUR HANDS.**

Just how big is a "serving"? It's hard to tell. And that means we sometimes eat WAY more than we think we do. So look at it this way: a cup is about the size of a fist, an ounce of cheese is as big as a thumb, and a 3 ounce serving of meat, fish, or chicken fills up your palm.



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**

**WELLNESS IS A WAY OF LIFE!**

**Monday, December 5**

**Breakfast**

Four Choices  
Daily

**Lunch**

Chicken Nuggets  
Mashed Potatoes  
Fruit & Veggie Bar

**Tuesday, December 6**

**Breakfast**

Four Choices  
Daily

**Lunch**

Soft Taco  
Steamed Rice  
Fruit & Veggie Bar

**Wed., December 7**

**Breakfast**

Four Choices  
Daily

**Lunch**

Beef Teriyaki  
Steamed Rice  
Fruit & Veggie Bar

**Thursday, December 8**

**Breakfast**

Four Choices  
Daily

**Lunch**

Chicken Noodle  
Soup  
Toasted Cheese  
Sandwich  
Fruit & Veggie Bar

**Friday, December 9**

**Breakfast**

Four Choices  
Daily

**Lunch**

Pepperoni or  
Cheese Pizza  
Fruit & Veggie Bar



Mark Sperrazza, School Food Service Director  
& the Child Nutrition Staff at your school

**Monday, December 12**

**Breakfast**

Four Choices  
Daily

**Lunch**

Teriyaki Chicken  
Steamed Rice  
Fortune Cookie  
Fruit & Veggie Bar

**Tuesday, December 13**

**Breakfast**

Four Choices  
Daily

**Lunch**

Hamburgers  
Oven Fries  
Fruit & Veggie Bar

**Wed., December 14**

**Breakfast**

Four Choices  
Daily

**Lunch**

Macaroni & Cheese  
Hot Dog  
Fruit & Veggie Bar

**Thursday, December 15**

**Breakfast**

Four Choices  
Daily

**Lunch**

Chicken Nuggets  
Mashed Potatoes  
Fruit & Veggie Bar

**Friday, December 16**

**Breakfast**

Four Choices  
Daily

**Early Release  
Sack Lunch**

Uncrustable PB&J  
Sandwich  
String Cheese  
Goldfish Crackers  
Holiday Treat  
Satsuma Orange

**Time to turn the page!**



Winter Holiday  
begins:  
Friday, Dec 16

Classes resume:  
Tues, Jan. 3

**We look  
forward to  
serving you  
in 2012!**